

**Farro Salad**

1 1/2 C semi-pearled farro

2-3 green onions or 1 leek, sliced thinly

1 C lima beans

1 C peas

1 C carrots, diced

1 red pepper, diced

12 ounces grape tomatoes, halved

1/2 C olive oil

1 7-ounce package feta cheese, crumbled

\*we usually use a basic vinaigrette although, we recommend the roasted garlic vinaigrette (Below).

Prepare farro according to the directions on the package. Cook lima beans and peas in a saucepan of boiling salted water until tender. Add to farro with tomatoes, onion. Season dressing with salt and pepper. Add dressing and feta to salad; toss to coat and serve.